

## Let the bloodletting begin

by Rondi Bloom

Students volunteered to save lives in the G-Lobby on Wednesday, October 7, and Thursday, October 8, at the American Red Cross fall blood drive. The American Red Cross Blood Services-New England Region provides blood and blood products for patients in more than 170 area hospitals.

Interested in donating blood? At the registration and information booth, there is a confidential health history taken. A Red Cross staff person then reviews this information with the volunteer then measures the amount of iron in the blood by taking a drop of blood from the ear. The pulse blood pressure, and body temperature are then taken. Next, a sterile, non-reusable needle is used for each donor. A slight pinch is felt only when the needle is inserted. In about

10 minutes, the donation is completed, and the Red Cross has collected almost another pint of blood for the bank. Snacks and juice follow; these help the body adjust to the fluid volume change.

Kathleen Larson, donor recruitment representative out of Worcester Blood Donor Center, spoke with students. "We would like to get more and more students at Fitchburg State College involved in donating blood because it's such an important and worthwhile thing to do." Larson commented that, aside from making their appointments, arranging their pre-draw confi-



A student donates blood at FSC

dential paperwork, handing out informational, and allaying fears, one of her most important functions at the drive is to generate awareness about the importance of donating blood. Every ten seconds someone needs blood. There is constant need for blood because only 5% of the population donates. Every blood donation

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## Aubuchon responds to prank fire alarms

by AnneMarie Donahue

"If it was me, I'd be down there trying to cover my butt." The President of Sigma Pi addressed the crowd present for a meeting in the main lounge of Aubuchon hall on Oct. 6<sup>th</sup>, Tuesday night. This meeting was to disperse the misconceptions and rumors concerning the prank fire alarms.

Ann Coyne, Dean of Student Affairs, headed the meeting which included speakers from the Fitchburg Police and Fire Departments, as well as representatives from the college and Aubuchon Hall. According to Coyne the college has yet to charge students for the fire drills and because of both student and parent feedback Aubuchon residents will be allowed to wait inside the G-Lobby of



Aubuchon residents are not willing to wait for due process

Hammond during a fire drill. The police officers present were very confident that this situation should come to an end soon, due to evidence found at a crime scene. The bag, which con-

tained finger prints of a possible suspect is being tested to see if it will reveal a match to someone on campus.

"I know that the fire alarms have turned some of you into vigilantes", said a police officer, trying to discourage such actions from being taken by the students. The officer was addressing the very real concern that students, fed up with the fire alarms were walking the halls trying to catch the perpetrator themselves. According to the officer involved with the case, such actions would only be a detriment to the on-going investigation the police are conducting in order to catch the person responsible for the prank alarms.

"Two plastic bags were found and they are being sent off to a lab" Matthew Scott, Director of Aubuchon Hall said. The police are waiting for

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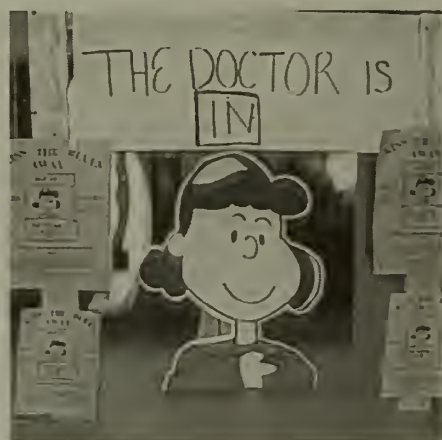
## National Depression Screening Day

by Sam Ciaramitaro

*A major life change, like going away to college, is often a factor contributing to depression.*

After getting my "mac" and umbrella, I splashed my way through the dreary, gray Thursday evening to Aubuchon Hall, to attend the National Depression Screening Day (NDSD), in what turned out to be a fitting climate. NDSD educates tens of thousands of people across the country about clinical depression, as well as giving them an idea about whether their lives are affected by depression.

The discussions, which were very focused, were presented by the Counseling Services here at FSC. They gave some excellent insights on how to detect depression, in yourself or others, as well as how to get treatment. An interesting fact was brought up: A major life change, like going away to college, is often a factor contributing to depression. All college students, even



the ones that didn't show up, ought to be aware of that fact.

Depression, which claims about 30,000 lives annually in America, is heavily linked to suicide. It is a huge, but somewhat detectable and preventable problem. The object of NDSD is to help people recognize the signs of depression before a rash action is taken.

In the first part of the meeting everyone filled out a depression screening form, rating themselves on current life and mood patterns, psychological, medical and family history. A discussion, led by Donna Goodwill, a member of the counseling staff, informed

## Help for the people of St. Kitts

by Presely Reese

The students enrolled in the International Minor, various international classes and the Caribbean Culture Class are collecting money, food items, clothing, new sneakers and shoes and school supplies as well as K-6 literature to take or send to the people of Sandy Point and Fig Tree St. Kitts.

Thousands have been thrown out of work as a result of the recent Hurricane and economic and humanitarian problems will persist long term.

Nan Wiegersma, Maria Jaramillo, Charlie Hetzel, and Betsy Sawyer and their students have established boxes

in both McKay and Miller Hall for canned meats and canned fish, sardines, etc. All of these people and their students will accept checks made out to 'Country Day School.' Besty Sawyer, a current teacher at the school in Groton and former FSC Education major and Caribbean Culture Class member, will see that the money, food and supplies get to the most needy people in the localities of St. Kitts. Her first grade has made this thier service project and the entire Country Day School of Groton is assisting.

St. Kitts was chosen due to the impending trip to be taken by students and faculty of the FSC.

## Mayor Whitney speaks at Fitchburg State

by AnneMarie Donahue

"I was born at 60 Pine St. and I now live at 12 Pine St." Mayor Mary Whitney told the small crowd that came to the first Leadership Forum. "I'm a life long resident, and that's great." Mayor Whitney, the first women elected Mayor of the city of Fitchburg, spoke to the group in one of the room off of the Hammond Building's G-lobby. The speech was given on leadership in the community, a topic which Mayor Whitney is very familiar with.

Whitney began her career in politics as a member of the Fitchburg Charter commission and then went on to work on the school committee for ten years as well as the Fitchburg City Council where she served for fourteen years. While on both committees Mayor Whitney accepted leadership roles by chairing the City Council's committees on finance, legislative affairs, public safety, city property, and appointments.

## President of Freedom Coalition to speak on campus

by AnneMarie Donahue

As a part of the "Leadership in Action" forums set up by Fitchburg State College different speakers are brought into the college and given an opportunity to address the college students and faculty as well as the members of the surrounding community who choose to attend. The speaker for this forum was Dr. Robert Grant, President of the American Freedom Coalition, a "grass-roots" effort that focuses on family values and national defense.

Dr. Grant graduated from Wheaton College with a B.A. in History, he then went on to earn divinity degrees from Fuller Theological Seminary in Pasadena, and received his doctorate of philosophy from the California

Graduate School of Theology, which he helped establish. He has also received an honorary diploma

from the St. Paul Bible College in Minnesota. Grant is also one of the founders of the United Community Church of Glendale, California, and he has served in ministerial positions in Baptist and independent churches. He has traveled extensively to Israel where he was awarded the Shalom Award by the government of Israel. He has visited Russia, China (where he met



Dr. Robert Grant

## Alarms *Continued from Cover*

the information to come back from the lab, before they can continue on their investigation.

In response to the fire alarms residents of Aubuchon can expect tighter security around Aubuchon. Especially concerning the front desk's check-in and sign-out policy, which many students feel is too stringent already.

"I feel like a prisoner, the check out is twenty-four hours a day!" A young lady explained to President Riccards at a meeting on Sept. 21 designed to discuss issues on and about campus.

Students are encouraged, not only by police authorities, but by the school as well to come forward with any information concerning the prank fire alarms "no matter how trivial you may think it is". An anonymous tip number has been set up to answer calls coming from students not wishing to be identified, students who do want to report something anonymously should be aware that the call must come from an off campus phone, all campus calls can be identified. The number to call is (978) 665-3132.



# Depression is a serious threat to anyone that has a brain.

Depression is a suppression of brain activity that can strike anyone. It can make life unbearable, but it is also readily, medically treatable. And that's something you should always keep in mind.

#1 Cause of Suicide  
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Public Service message from SA\VE (Suicide Awareness\Voices of Education)

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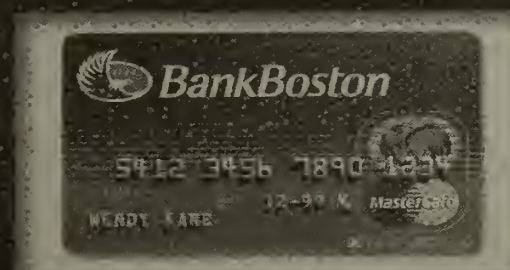
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# Safety on the Quad

by Timothy Curran

*"The Quad is meant for human use"*

When students on campus want to play football, hang out with their friends, or simply skip class on a warm day, they head to the heart of campus, the Quad. Lately, there has been a stir on campus because students feel that a piece of their freedom has been taken away. Dog-walking and playing ball have been prohibited from the Quad for health and safety reasons.

To all dog owners, out there, Campus Police Chief

W. Brian McCullough says that many complaints have been sent to Public Safety due to the "mess" left behind after the dogs frolic on the Quad.

"The Quad is meant for human use, it's an interactive communication area," Chief McCullough says, "dogs on the Quad pose a health issue." Public Safety officers are not aiming to be tyrants, according to Chief McCullough, they are trying to get people to understand that the Quad is an area on campus where one can sit down, relax, catch some sun, and read a book. Letting dogs relieve themselves on the Quad, and then having someone sit in that area moments later, is a cause for alarm. Coming into contact with a dog's waste can easily cause someone to get sick. Also, students might not be aware that dogs aren't allowed on campus in the first place.

Furthermore, people playing pick-up games involving Frisbees and football have been escorted off the Quad.

Campus security doesn't want to take the fun away from students, Chief McCullough says, but it all comes down to public safety. Two individuals tossing a football will be joined by three, four, sometimes up to ten people. Throwing it around will eventually cause someone to get hit, says Chief McCullough. When someone goes to the Quad to lie in the sun, they don't want to worry about getting a baseball between the eyes. The Quad is more of a mental area as opposed to a physical area,



Two legs good, four legs bad!  
photo by Tom Rettig

class are being run over by people who are not looking where they are going when chasing after a descending Frisbee, and that makes public safety nervous.

Moreover, persons on skateboards and roller blades are being asked to leave the grounds, too. This also poses a health issue because people are falling on unprotected knees and elbows, as well as colliding into people walking. Students forget that skateboards and roller blades aren't allowed on campus.

McCullough says, the Campus Police are not trying to rule the Quad with an iron fist, they are merely looking out for students and faculty, trying to deter people from being injured from flying pigskins or a dog's little accident. So in the future if you are involved in a situation like tackle frisbee and it appears that it might build into something that poses a threat to someone else's well-being, public safety will kindly ask you to leave.

meaning, football games and playing catch are meant for McKay and other sports related fields. Students who go to the Quad to paint a picture for art

# Five Stars' top five

by Jen Brenner

The Five Star System is still going strong at Fitchburg State College with many clubs and organizations participating. It's sure to be a good year, not only for the college, but for the community as well.

Masspirg, which leads the pack with 35 points has been very active so far, completing a number of shelter visits and working in the soup line. They have also worked on the clean up of Nashua River and Rock the Vote, in addition to a number of other projects designed to benefit the FSC community.

Phi Sigma Sigma, a sorority on campus, has recently participated in the Walk for Breast Cancer in Boston and the Walk for Diabetes in Worcester. The walks are designed to raise awareness and money for research into more



Masspirg leads the pack!

effective treatments and cures for these diseases. Phi Sigma Sigma has earned a total of 26 points to date for their efforts.

SGA, the student government association, finished in third place with 21, with Sigma Pi, a college fraternity, right behind with 20 points. The History Club and ICVF are tied for fifth place with 16 points each.

Working together Phi Sigma Sigma,

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All articles must be typed or legibly handwritten and include a name and phone number in case of questions. All letters in response to a Point article must be submitted within two days after the article is published.

Announcements should be short, including dates, places, times and a contact person.

The content of any article labelled Opinion does not necessarily represent the views of the Point, its staff, or Fitchburg State College.

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# FSC radio station *errupts* with sound

by Sam Ciaramitaro

In the communications industry, specifically the radio medium, where declining values and a constant lowering of performance standards are the norm, one establishment stands alone. Retaining a high level of ethical quality while constantly improving, WXPL, on 91.3 FM, is Fitchburg State College's #1 (out of 1) radio station, and portrays a rare attitude for its industry. WXPL persistently looks ahead, while others are looking back.

Okay, so maybe our radio station's not that outstanding. But its appeal and ratings are definitely growing with every semester. This used to be just another typical 'college radio station', but it is changing drastically.

Due to slight FCC problems, they

were not given adequate air-time last Fall. Last Spring however, they exploded with 55 DJs, (about 80% capacity). This Fall, they outdid themselves, boasting 75 DJs, with 90% capacity. WXPL is currently the largest organization on campus, not including the SGA.

According to Rick Melo, Program Manager at WXPL, "We are trying new things to get people's attention. WXPL is at a place right now where it will continue to grow." One reason for the station's recent popularity growth is that any student, after brief training, can have an opportunity to be on the air. WXPL is also investing in new high-tech equipment to update the sound and feel of the shows.

The station will hopefully broadcast some F.S.C. Falcons' sporting events

starting this semester, boosting listener-ship even more. Almost all sports would be included, in which case, large corporations such as Blockbuster Video and Pizza Hut would possibly sponsor WXPL.

Next semester, Melo is planning to introduce a stricter format for the station. Currently, listeners can hear a variety of music styles, ranging from jazz, techno, alternative, reggae, hip-hop, ska, blues, heavy metal, classic rock, hardcore, and even more. With a



The excitement of being on air!

format, listeners could hear a certain music style at designated times of day.

On Halloween, WXPL is planning what's tentatively being called 'Fall Fest.' This would be one of the biggest

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## Students receive scholarships for their ABC's

Recently, members of the Fitchburg State College Chapter of Associated Builders and Contractors (ABC) traveled to the Burlington Marriot for the 30th Anniversary dinner of the Massachusetts division.

Three members of the FSC Student Chapter were being given special recognition for their efforts: Marc Moschella, Jason Scarpellini and Jeff Troisi were given

scholarships by the George W. Gould Memorial Trust, in honor of the late George W. Gould who served as an ABC Massachusetts Chapter President and who has made vital contributions to the construction industry. Each of the students received \$1,000.00 toward their 1998-99 academic year. Along with this honor, members of ABC were able to see Governor Paul Cellucci, who was among the attendants at the meeting. Mr. Cellucci gave a brief speech thanking the Massachusetts chapter of ABC for all of their support



Members of ABC attend the 30th anniversary dinner meeting

in the past and throughout his campaign.

Following Mr. Cellucci's speech, Massachusetts Chapter President Andrew Coull spoke on several different subjects, in particular about the Student Chapter of ABC at Fitchburg State. He noted that FSC has continued to demonstrate professionalism in the construction industry, and also that the Student Chapter is recognized both regionally and nationally as a place where a quality education can be obtained. Mr. Coull also touched upon the fact that the FSC Chapter has placed

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## Students clean Nashua River

by Ajayi Harris

Saturday, October 3 brought a sunny day, and warm weather. Perfect conditions for a weekend river clean-up. Students from Fitchburg State College and Mount Wachusett Community College participated in a clean-up, sponsored by MASSPIRG, of the Nashua River near Route 2A in Fitchburg. The purpose of the clean up was to remove trash and debris in the river, and along the river coastline.

In 1997, our rivers in Massachusetts and nationally and continue to be in jeopardy not only from existing pollutants but from people treating rivers as landfills. In Massachusetts 68% of the rivers and streams tested fail to meet even minimum water quality standards. A river failing to meet standards is not safe for recreational uses such as fishing or swimming. As part of the MASSPIRG Watch Watch project students from FSC and MWCC helped clean up trash along the Nashua River. Approximately 19 bags of trash were collected as well as a huge pile of large metal junk including an engine block, a home water heater, a car door and rusty pipes. "I can't believe the



amount of trash we found here. People must think this is a trash dumpster and not a river," said Lee Gadway, a Mount Wachusett sophomore and coordinator of the clean up. "It's really good to see people out here helping out and actually doing something to make a difference."

After the clean-up Fitchburg Department of Public Works, who, along with Fitchburg

After the clean-up Fitchburg Department of Public Works, who, along with Fitchburg State Grounds, supplied gloves, trash bags, and equipment, picked up the trash and debris. With the amount of trash and debris there was about 10 tons of trash removed from this part of the river. The next river clean-up is scheduled for October 24 during the National "Make a Difference Day."



# FSC volunteer's with new center

by Timothy Curran

*New students are encouraged to apply for their work study positions; they may turn out to be the first step to building a career.*

Since July, a small organization on campus has been recruiting and coordinating the work of volunteers for projects that benefit not only the college, but the surrounding community as well. This group of hard-working individuals is called the Fitchburg State College Volunteer Center.

The FSC Volunteer Center helps out with projects sponsored by such organizations as the American Red Cross, Habitat for Humanity, and the college's

Rape Crisis Center. Current volunteers are gaining valuable experience as they work with animals through the MSPCA, tutor children, assist in hospitals, or aid the elderly. New students are welcome to apply for the center's work-study positions; they may turn out to be the first steps toward building a career.

Coordinator Jeremy Chaussee and staffers Kim Priestly and Sherri Tetreault put in long hours to make a success of the Volunteer Center, which is located in the basement of the Hammond building. The center is an experimental one-year program sponsored by the Massachusetts Campus Compact, a coalition 42 college and university presidents dedicated to making service a component of higher education. The MCC provides grants for college programs that allow students to

perform community service as they learn.

Chaussee's goal during his year at the center is to develop a leadership program that will be able to grow and thrive for many years after he leaves. A member of Volunteers in Service to America, Chaussee was assigned to the center as part of that organization's AmeriCorp program.

The FSC Volunteer Center also supports the projects of other volunteer programs on campus, working with Masssping and a number of fraternities and sororities. On Labor Day, for example, the Volunteer Center helped to plant more than 50 trees in the surrounding community. A month ago, the center sponsored a block party that provided information about volunteer opportunities.

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## South Street Elementary School wins FSC Alumni Award

Jane A. Kennedy, a fifth grade teacher at South Street Elementary School in Fitchburg, has been named recipient of the Fitchburg State College Alumni Association's Miller Award, which honors outstanding contributions to the teaching profession.

The Miller Award was established by Florence M. Miller in memory of her father, Joel D. Miller, one of the college's founders. The award recipient is selected by the pastors of the Pilgrim Congregational Church and First Baptist Church of Leominster, and the president of the Fitchburg State College Alumni Association. The award is presented each year as part of the Alumni Association's reunion activities.

During the course of her career, Kennedy has taught fifth, seventh, and eighth grades, and also spent time at Fitchburg High School. She has worked as a Title I teacher at Reingold Elementary School, taught reading and language arts, and spent three years as an administrator for Project Competency.

In addition to her teaching, she has also served as assistant director of the Right to Read program in Fitchburg, worked on Project Link to develop curriculum for multi-cultural students, co-founded the Middle School Reading Coalition, and has been a mentor teacher since 1995.

Kennedy holds three degrees from Fitchburg State—a bachelors and two masters (special education and reading). She has also participated in the education leadership program at Boston University.

Kennedy's colleagues best describe her relationships with her students: "Young adults Miss Kennedy had in school as children return to visit with their former teacher, seek her counsel and reach out for her support. She never turns anyone away and always makes time for an encouraging talk or an attentive listen." She has "... a unique ability to reach even the most reluctant student. She is what every parent hopes their child's teacher will be.

# Autumn! Fall into it!

by Rondi Bloom

Looking for something fun, relaxing, and budget-friendly to do this weekend? If so, then grab a car-load of friends and drive to view the fall foliage before it disappears. There are only a couple of colorful weeks left. Because of the climate and variety of hardwoods in Massachusetts, any ride with a view will promise to be a rewarding one. Take advantage of it; the only other part of the world to enjoy the same brilliant foliage is part of Japan.

Take a ride up to Mt. Wachusett this weekend, where you can drive, hike, or take the SkyRide to the top. When leaving Mt. Wachusett, take Rt.62 west to Barre, then south on Rt.32 to Old Furnace. Follow the unnumbered road west to Hardwick. Turn north onto Rt. 32A, which runs along the Quabbin Reservoir to Petersham. From here, follow Rt.101 East through Templeton, Gardner (stop off there to browse some of the furniture outlets for fun), and Ashburnham. Take Rt.119 East through the Willard Brook State Forest in Ashby and Townshend.

There are a few things to take with you when you go on your trek, espe-

cially if you intend on leaving your vehicle. Bring your camera so you can take panoramas, or shots of you and your friends in the outdoors. If you want to collect colorful leaves to preserve them in paraffin, stow a paper bag in your back pocket to keep them in.

Another fun thing to do this weekend: go pumpkin-picking at a local farmers market. George Hill Orchards in South Lancaster (Rt. 2 east to exit 35, take route 70 south 3.5 miles and take a right onto George Hill Road). When you get the pumpkin home, or to the dorm, carve it. The grocery stores are sell electric candlesticks, so try creating a piece of pumpkin art for Halloween.

Go on the search for the perfect apple or the best apple cider at the Wachusett Mountain Applefest. Saturday and Sunday (the 17th & 18th) from 10am-5pm. There is a craft fair scheduled with more than 75 exhibits including a farmers market, German music, and a SkyRide to enjoy the foliage (is anyone sensing a pattern here?)

Information obtained from: <http://www.mass tourism.com>



## What do **YOU** think about Riccard's proposals?

"They're good, because they'll make us more valuable in the work place. But their needs to be some changes. Some, like the grading policy, are a little extreme." -Anne Gilbert



"It's a bad idea, it will make the school look bad when the average G.P.A. goes down." -Greg Wason



"I think the whole thing sucks." -Jay McNaught

"Whether it's good or bad, I don't care. I just think it's an interesting coincidence that these proposals were announced shortly after the Globe stated that Riccards was the second most overpaid state employee in MA." -Doug Plante



"I think the students are too diverse to be represented by such a restrictive grading system." -Jaime Burgess

"This f@\*&^%\$ school." -Nick Butler



## How I stopped worrying and learned to love fire drills

by AnneMarie Donahue

*"There we all were, talking, eating pizza, hanging out, communicating with the underworld when it dawned on me - I love it here!"*

I absolutely love my room, I have plenty of space to work in, and lots of storage space to put all my crap, and soon I'll have twice as much because my roommate is leaving me. She just can't take the fire drills, which is a popular sentiment around Aubuchon. I didn't think I'd be able to take them either. The first one was fine, I had been warned by my friends who lived at college that fire drills were the oldest prank and an expected evil because it very hard to be creative when you're drunk. By the second time it was pulled the prank was old! I had a class and a test the next day, as did most of the building! I over slept, missed the class and failed the test, I hope as did not the rest of the building!

Now Aubuchon is crawling with spies, looking to catch the criminal themselves to exact what kind of justice I do not know! The cops keep hassling me each time I walk down the hall to pee, or forbid, use the stairs to visit a friend! And the string of prank fire drills seemed endless!

Then, a friend of mine told me of a space that had just opened up in her residence hall, and offered it to me. Without a thought in my head other than a good nights sleep I accepted and ran off to tell my RA. I was so flattered when the people on my floor and in my building said they would miss me. Tuesday night we had a floor program, I read Rune cards and we all ate pizza. There we all were, talking, eating pizza, hanging out, communicating with the underworld when it dawned on me - I love it here! I don't want to leave, I just want the fire drills stopped.

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## Boston's not so Freedom Ralley

by Guy Marochino

Once upon a time, a person was able to attend a yearly event, sit on the common ground and just spark up a joint. That person could just get incredibly high, just sit back and enjoy the atmosphere, while listening to some great mixture of music. Ah, those were the days.

On October 3rd, I decided to make the long haul of a train ride into Boston to attend the Ninth Annual Freedom Rally. The last time I attended was my senior year of high school, and that was almost three years ago. My expectations were relying on some great memories I had about this event. The T ride up there would completely consist of a riding fishbowl, and crowds of people hurrying to get to the grounds to do more. No one had to worry what the cops thought, it was just a way to keep the situation under control. Imagine me sitting on the greenest of the green lawns, enjoying myself.

On the walk up there a piece of paper was handed to me stating that anyone caught even taking one toke would get arrested. There was to be a zero-tolerance policy on the occasion of anyone

publically smoking. Yes, this is an illegal substance but please people, give us pot-heads a day in the park. Have the authorities, as well as Mayor Menino, forgot that marijuana is less addictive than alcohol and nicotine. Yes, I do admit there are those few idiots who abuse hemp, but many of us use it frequently and socially. I abuse caffeine way more than I could ever abuse pot. The point is every substance gets abused by a small number of people.

What about my civil right? Do I have the right in this country to do something that people can freely do in coffee shops in a completely controlled country, such as Holland. As an individual, I am peacefully satisfying myself with a group of my friend. By three o'clock in the afternoon, two-thousand people reportedly had been arrested for peacefully smoking marijuana. I had never seen so many cops in one place at the same time. I wanted to say, "Excuse me officer, but isn't there some sort-of serial killer on the loose somewhere else."

"This prohibition has to end!" Shouted one of the speakers. "People fail to realize that this is a political event, not a party. This is a celebration

of marijuana, which is to prove a point to the mayor." The speaker also was talking about how tough he had worked with the legislature in order for this event to happen.

It is more than just toking up on the commons, it is a stand for our rights. Why waste time and space for those arrested ones, when there are true criminals running around the streets of Boston? This movement was to allow us to take action and just to have fun. But fear not, the crowd was encouraged to partake in other charitable, and meaningful causes, such as the Green Group, Act Up, ad Rock the Vote.

Another thing that completely boggles my mind is the way smoking pipes were being sold. When I first arrived and looked around at the stands, pipes were just freely being sold. Around two o'clock, they were all put away and the booths had to sell them secretly, meanwhile rolling papers were everywhere! Why? Why did they have to hide the fact that they were being sold? Last I checked it is not illegal to openly sell smoking pipes.

Hopefully, next year there will be a better understanding and things will get back to normal.



# Dog speaks out against FSC policy: Thoughts of McGee Creamer

translated by Melanie Creamer

"I don't understand how after all the time I have spent on the quad, FSC can kick me off campus."

A few Saturdays ago I was playing fetch on the quad with the human I own, Mel. I was having a great time. No one was around. Mel and I were asked to leave the quad by a Fitchburg state College police officer, what a disappointment!

For three years I have been running on the quad. Some of the happiest times of my life were spent on campus playing fetch with a softball and a stick. I have met so many nice people. The administrators, faculty, members of facilities and officers of campus police have been so friendly to me. Most people stop to pat me and ask what my name is. I always receive compliments about how obedient and well behaved I am. I sit on command, I give my paw when asked and I always bring my ball back to Mel. I don't understand how after all the time I have spent on the quad, FSC can kick me off campus.

According to Sgt. Shane Rodriguez, "FSC has always had a policy prohibiting pets on campus and in campus buildings."

Mel tried talking with President Riccards about reconsidering the no dogs policy on campus, but he wouldn't budge.

Although my happiness was taken from me and I no longer have any reason to get off the couch, in some ways I don't blame him. There are too many stray dogs in Fitchburg. I see my old buddies wandering the streets without their owners. Some are chained to porches or trees all day long, without any food or water. I often see other dogs on the quad and their owners are no where to be found. They go to the bathroom, and there is no one to clean up the mess. I'll admit, I am guilty of this. In the past I have always gone for a walk before going to the quad to play, but when you have to go, you have to go. Everyone makes mistakes, but I shouldn't have to suffer because of the negligence of my buddies.

My life has gone down hill

since the day I was kicked off the quad. I am depressed. I have resorted to running back and forth, from one end Mel's apartment to the other, to fetch a ball. Occasionally Mel runs with me on Highland Ave., but running on the street over trash and broken glass bottles hurts the pads on my paws. It's dangerous and rather boring. Kids walk down the street, drunk and belligerent, and they trash my neighborhood. The city police should enforce street clean up and arrest public drunks.

FSC is so wrapped up in the appearance of it's school, they have lost sight of the real problems going on here. They have many policies they simply don't enforce. I am the least of their problems. I have never caused any harm to a student, member of fac-



How could you say no to this face?

ulty or administration.

For the love of God! Please reconsider this policy. I have an idea so we can all enjoy the beauty and peacefulness of the quad. The school is all about making money, so stick the owners with a fine if they do not clean up after the dogs. Many cities and towns have the pooper-scooper policy. We can work this out.

Please, I am begging you. I need my life back.

## Kill your television!

by Jessica Roy

Have you ever gotten the feeling that you are slightly disconnected from your life by the use of technology? Are you looking for the "More" in life? A life free from social demands and expectations? A life where it is socially acceptable to be a truly beautiful woman and weigh over 100 pounds? A life free of mind control and commercialism being shoved down your throat?

This life can be yours by implementing a few simple steps and best of all, it's practically free.

Step One: Unplug your ass from your couch.

Step Two: Extend you right index fin-

ger. (Or left, which ever feels best.) Step Three: Direct that finger, (Not where you're thinking!) Towards your television and press the off button.

See, wasn't that easy and virtually pain free?

This is perhaps one of the most socially and emotionally liberating exercises one can practice. The bounty of this sometimes agonizing task lies in freedom from an artificial box, a life rescued from the confines of a lounge chair.

I do occasionally tune in to the television to drop out and chill. But I would never use the TV as a social crutch or an emotional companion. My time on this Earth is simply more important. I have no need to give any-



## What happened to DAKA?

by Joel Hurley

Do you remember DAKA? DAKA is the former name of FSC's food service corporation, now known as Chartwell. After all these years (3 yrs of DAKA for myself), terrible meals, poor choices, low quality, and slow to non-existent service, all that was needed was a change of name.

In regards to the resident cafeteria, Chartwell has been awesome, (for the most part.) The food has been a thousand times better this year. The quality and improved presentation of the different foods is clearly visible. The amount of meal choices available has increased, but even more significant is the increased variety of choices. Chartwell has created a greater balance between it's newer, more healthy selections and it's old standard, less healthy choices.

The freshness of burgers, dogs, and fries is difficult to maintain under those hot lights, but the overall freshness of food has increased dramatically. If you never ate DAKA food you cannot truly appreciate Chartwell.

The Commuter Cafeteria has seen a little change this year too, but only to less success. The biggest change, which also affects the resident cafeteria, would probably have to be the college's decision to go with a Coca Cola exclusive contract. This is significant because it restricts the amount of beverage choices Chartwell can make available to the college community. This is unfortunate considering Chartwell's obvious commitment to improvement.

Chartwell once again surprised, and impressed me this year with it's renewed dedication to putting the consumer first. I had made suggestions to DAKA for change before to no avail, but this year is different. I put in a suggestion asking them to offer REAL fruit juices in the commuter cafeteria, and within a week I personally had a Chartwell manager introduce me to their new selection of juices. Now that's service!

There is always room for improvement (WEEKENDS), so I am sure Chartwell will not rest on it's laurels, but I would like to congratulate the Chartwell on the job they've done so far.

Continued, pg 13



# We built it...they didn't come

by Niovel Nadira Hidalgo

The AmeriCulture Arts Festival was one of the most successful events that I have seen on campus since I came to FSC 3 years ago. It was one of the best ways to bring together students, faculty, staff members, and the community of Fitchburg itself.

Ninety percent of the events were produced by students. We were involved in design, lighting, writing, publicity, and performing, etc. A few faculty, staff members and administrators helped in the elaboration of the festival. Among these people were Kelly Morgan, Irene Martyniuk, Donelle Ruwe and Erwin Pally from the English Department; Tullio Nieman and Brian Bicknell from Student's Activities; Willa Peterson from the Expanding Horizon; Deborah Roberts from the Center for Leadership and Career Education; Caryl Sickul from Physical Ed, among others.

However, closely to 93% of the FSC faculty and staff members in this leadership college did not come to one single event. Besides acting and writing for the festival, I sold tickets at the box office and watched for faculty and staff members but they were not there. I don't know all the faculty and staff members, but when other members of the festival sold tickets, they just listed some of them. Many students who participated felt slighted by the lack of attendance.

No one can say they didn't receive information on time about the festival. Brochures were sent out at the end of the spring semester, beginning of the summer and the beginning of the

fall semester. Posters were also placed all over the campus and the community, and voice mail messages were left every night the festival had an event.

I respectfully understand that many faculty and staff members come from far away and that after a long day working they go home and don't want to come back. But the festival was here for almost 4 weeks. How can it be possible that 93% of the faculty and staff members did not come to a single event?

Students are supposed to be creative and have good writing skills and according to the Good Neighbor Policy, we are also supposed to be involved in the community. These were the goals of the festival. Students wrote and performed their own work, which was positively received by the community. Is that not what the college wants us to do? Poetry, scriptwriting, and journalism are in the curriculum.

Faculty members need to make a decision to see if they really care about the students besides their classroom work. I want to thank those faculty members who did come to the events and encouraged their students to support the festival. I think that faculty and staff members should show their support to student events on campus. We look to you for leadership. Where are you leading us?

Are you developing the minds of your students who will be the leaders of this country? I am not trying to hurt anyone by this, I just think that the college is student-centered, and therefore we need to work together to make it a better place to pursue a career and a good future.

their musical presentation.

Cellist and self-proclaimed jazzman Benoit Charvet, brilliant pianist Jean-Noel Roux, and guitarist-spokesman Alfred Street, met four years ago in Paris. Drawn to the compelling classical-jazz compositions by George Gershwin, they work to revive Gershwin, have several albums, and tour worldwide.

George Gershwin, in collaboration with his brother Ira, is best known for his musical *Porgy and Bess* and

*Continued, pg 2*

# A Tricky Review

## Angel with Dirty Faces

by Ajayi Harris

Listening to Tricky's new CD, *Angels with Dirty Faces*, shows that the trip-hop sound, a sound Tricky helped define, can evolve. Tricky updates his sound with more intense beats, more story telling through his lyrics, and provides us with a futuristic Blues manifesto. Overall, the music sticks to Tricky's mix of jazzy beats and heavy bass-lines, great samples, subtle guitar riffs, mellow grooves, and pain-filled lyrics. Tricky, along with



Portishead, and Massive Attack help found and define the Trip-Hop sound. Tricky's, born in Bristol, Europe, has worked with many other artists including Massive Attack, Bjork, Luscious Jackson, Gravediggers, and Elvis Costello. Also, listening to *Angels*, the listener can also hear the influence of French rapper MC Solár's.

In many of the tracks the listener gets the idea that Tricky hates the world, and is out to let everyone know. (Track 2 & 5) Depression is one word I'd use to describe a few of the tracks. Yet, it is what you expect from Tricky. Don't be tricked though, Tricky is just

calling it like he see's it. Track 3 & 4 best demonstrate this idea. "Broken Homes" (Track 3) is a theme song for a desperate drug addict begging for money and "Analyze Me" (Track 4) illustrates the failure of our political system and family values. "Talk to Me" (Track 7) tells the story of an average Joe who finally decides to live life but

gets caught and ends up in prison. "Talk to Me" is fast, raw, and the rhymes are quick and before you know it, it is all over. "Demise" (Track 9) is a silent Blues manifesto filled with church bells and the feeling that one is deep

into a dark underworld of which there is no escape. "Demise" represents Tricky's futuristic blues sound.

Tricky's arrangement of mellow bass-lines, a great mix of guitar riffs, blues, raw samples, and hip-hop beats are what people love about him. Even with the huge hype around electronica music. There are artists like Tricky, that have been out there since the beginning, define the genre. American listeners, like me, can still call the music their own, and maintain it's semi-underground status, because this type of music is not as popular here like it is in Europe.

## Radio Continued from 4

events they've taken on in a long time. The 'Fest' would include hosting 7 live bands (like Big Lick and others) on the F.S.C. quad starting at noon. At 9pm, they will DJ a costume dance party in the Hammond Building, with door prizes, prizes for best costumes, and more. (No, there won't be any cheesy leftover CDs this time — they'll have tickets to concerts and other great prizes.)

This station just keeps getting louder. You can go back to the 80s with 'Flashback' from 2-4pm on Tuesdays, or stay hip and modern with techno shows like 'Insomniacs' on Monday, and 'Quick Fix' on Wednesday, both from midnight to 2am. Or, remember

back to your high school dances with Program Manager Rick Melo's 'House Party'; a mix of Top 40, soul, and old-school rap, airing 8-10pm Thursdays.

I would personally suggest for you to try the most refreshing and groundbreaking of all these shows, 'Higher Power', the ONLY talk show on WXPL. 'Higher Power' which airs Fridays from 6-8pm on 91.3. 'Higher Power' contains comedy, sarcasm, wit, and will keep you riveted to your seat as you listen in awe. 'Higher Power' is definitely my favorite show, but then I might be a little biased, I produce it!.

Our banners are littered around the school, now listen to our brilliance. We are eXPLosive!!

# Rhapsody in Kent

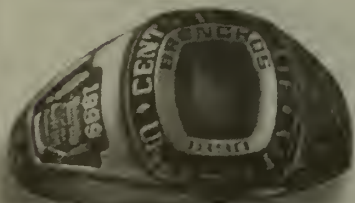
by Rondi E. Bloom

What do you get when you place a jazzman-cellist, pianist, and classical guitarist in a performance hall with some of the greatest music to come out of the Tin-pan Alley? The answer: Le Trio Gershwin, as audience members would vouch. Le Trio Gershwin received standing ovations Tuesday, October 13, in Kent Recital Hall for



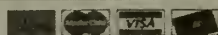
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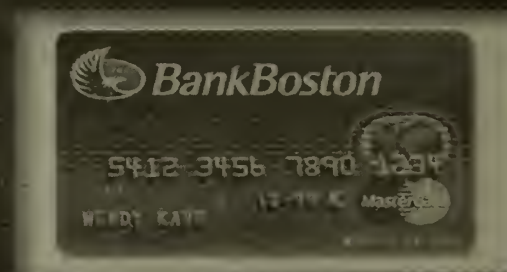
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# Rush Hour

by Robin E. Sandberg

A martial arts master and an obnoxious comedian come together in a hilarious action movie you should rush to see. I was not up for seeing the usual action movie where the good-guys beat the bad-guys so it was with great hesitation that I went to see this movie. I found myself swept up in the movie. I laughed so hard, my stomach hurt. This movie proved me wrong.

In this film, Jackie Chan plays Detective Lee, a smooth moving martial arts genius. The Hong Kong Police regards him as the pride of the force. However, despite his talents, he presents himself modestly. When Chinese terrorists kidnap the Chinese Ambassador's eleven-year-old daughter, Lee travels to America. The Ambassador himself assigns Lee to the case. This case is personal for Lee since the ambassador's daughter is a student of his. In America, the FBI worries that Lee will interfere with their investigation. They proceed to trick LAPD detective James Carter (Chris Tucker) to take the case. Due to Carter's inflated ego, he believes he has achieved a huge promotion, and brags about his newfound position "in the FBI." In reality, his only purpose is to keep Lee busy. Until



this point, Carter has not had a partner because his ego would not allow it.

When Lee and Carter meet, Lee tries to solve the case on his own. Carter is not to let Lee out of his sight. This becomes difficult because Lee uses some of his techniques to make his escape. Eventually, Carter realizes Lee's abilities and reluctantly agrees to work together. With the help of LAPD bomb expert Tania Johnson (Elizabeth Pena), Carter and Lee proceed to create chaos throughout Los Angeles. During this array of heart pounding action, they are caught up in revenge, deception and disloyalty.

"Rush Hour" was my first Jackie Chan movie and it will not likely be my last. It was a fast paced flick that held you from beginning to end. Still, the plot left much to be desired. The story line wasn't anything new of the imagination but that's what you come to expect from the action/adventure genre. Overall, Chan presented himself as charming, sharp moving, and funny. Chris Tucker, however, was arrogant, loud, utterly hilarious and even had a few moves of his own. Jackie and Chris made a wonderful team. It was much more entertaining than I had ever expected. "Rush Hour" is not my idea of an Oscar contender but something anyone could find enjoyment in.

## Freedom Continued from 2

Secretary General Jiang Zemin) and North Korea (where he interviewed President Kim Il Sung).

However, even more impressive than his work for God is his work for humanity. Grant worked with former US Congressman Robert Wilson and Phillip Sanchez, former American ambassador to Colombia and Honduras for the Freedom Coalition.

Grant, a published author of numerous books, is the chairman of Christian Voice, the nation's oldest and largest conservative Christian lobby. He is also Chairman of the

Board of the Coalition for Religious Freedom, founded to protect First Amendment religious rights.

Grant, who can be heard weekly on the national television program The Washington Report, has been on many shows to talk in his capacity as a leader in the traditional value movement. Grant has appeared on 60 Minutes, CNN, CBS and ABC New, C-SPAN, Good Morning America, and CBS Nightwatch. Grant is also a co-host of the daily national talk radio show Battleline, with ACLU attorney Barry Lynn.

# Object of my Affection

by Robin E. Sandberg

After much anticipation, the touching Object of My Affection is now currently out on video tape. Taking after some newly explored sexually diverse romances (My Best Friend's Wedding, As Good As It Gets) we get an especially moving portrayal of the line between romantic love and friendship. The movie follows Nina (Jennifer Aniston) a social worker who isn't happy in her current relationship. She isn't ready to move in with her boyfriend so she offers George, a recently dumped gay man (Paul Rudd), to be her roommate. To everyone this seems harmless.

At first they both have the kind of relationship that all women would envy: they completely enjoy each others company and it's absolutely platonic. All their friends continually try to set them up on dates, after Nina dumps



her boyfriend, but these two would rather just spend time together. From there the plot thickens when Nina finds out she is pregnant with her ex-boyfriend's child and George meets a young drama student. By this point Nina wants George to be the one to raise her child with her, but George is off with his new fling.

The performances by both Aniston (hit tv show Friends) and Rudd (movie Clueless) are painfully powerful. As Aniston struggles with the heart break of loving the wrong man, as a woman, I felt my stomach turn as she said: "I want you to love me the way that I love you." You also can't help but feel pain as Rudd is caught in the middle of his feelings. If you like romantic comedies I suggest you run out and pick up this new video release as soon as you can. You might be surprised how it affects you.

## Drills Continued from 7

At eight that night the entire population of Aubuchon had a meeting in the main lounge of Aubuchon concerning fire drills. Ann Coyne, Acting Director of Student Affairs, hosted the meeting and began telling us what Aubuchon and the college was doing about the prank fire drills. Representatives from both the police and fire department spoke to us about the importance of reporting anything, "no matter how trivial," and the importance of not turning to vigilantism. (I've been told one such person looks uncannily like me, hmm... Interesting, possibly that doppelganger theory!)

After that I was practically sure that I wanted to stay on the fifth floor when a couple of the girls from my floor asked me where they were going to get advice from once I left. I love being needed, it makes me feel all warm

inside. That was it, I was staying!

There are many cool things about Aubuchon, for instance I'm one of the few people who actually are as old as their ID says! And I dig the fact that they all come to me for advice, like I'm some wise old sage at 23! (By the way, ladies, you should really find someone else to ask for relationship advice, as soon as I'm in a relationship that lasts longer than a month, I'll be sure to tell ya!) And the baby-powder/liquid soap wars are definitely not to be missed on the tour! (You have to see it for yourself!)

So I guess you'll see me walking into the G-Lobby of Hammond at three tonight! I may whine, and I may complain, and I may even try to kill someone, but I'm making an active choice not to jump ship.



## Engage in some heavy petting with *New Pond Fondle*

by Jessica Roy

\*\*\* STARS

Once in a while, a local band will sprout, seemingly out of nowhere and blow your mind. The newest gathering of musicians, *New Pond Fondle*, has graced Fitchburg and the local area with colorful waves of grooving sound over the past few years.

Their debut album, *Organic Chemistry*, draws upon several musical genres, from cattle-calling bluegrass to the bizarre and sometimes nonsensical compositions of Frank Zappa.

This live-recorded compilation of songs features something for every music lover. The album is filled with overwhelmingly positive energy. It's impossible not to get up and dance when you spin this CD.

The first track, *Space Monkey*, slides in with a slick bass line compliments of Kyle Shattuck. Dave Harrington lays down some surprisingly smooth vocals, though the words are sometimes garbled. John Beland sounds like he lives on planet harmonica. Beland has completely devoted himself to art of the harp, it seems, because the energy and fervor he plays with is beginning to rival that of John Popper of *Blues Traveler*.

*Chop Away*, a nine-minute jubilee of blissful melodies and vibes features a killer guitar solo provided by Mike Shutts. Greg Secino lays down funky beats not only in this song, but throughout the entire album. Listening to this track, you can just picture the musician's faces beaming with joy. This is by far the delightful song on the album. If not for the whole masterpiece of a CD, pick this one up for the song, *Chop Away*.



For those into slow and melancholy grooves, *Make It Right*, is just your speed. Lamenting on heartache and loneliness, this song

dives into the darker emotions, but manages to stay light and danceable. Mat Babineau lends a solid rhythm guitar foundation for this song and can be found ripping into creative solos on the album as well.

*Organic Chemistry*, sells for a dirt cheap price \$10. It does not slice, dice or grate your vegetables and fruits, nor does it come with a free set of Ginsu knives, but it is well worth a portrait of President Hamilton. If you like to rip up a spot on the dance floor, or on your living room carpet, this album is for you. It can be picked up from Greg Secino. E-mail him at Gsecino@fsc.edu.

## Letter to Brezhnev: A must-see

by Rondi E. Bloom

FSC students are invited and encouraged to attend the showing of the British movie *Letter to Brezhnev* on Wednesday, October 21 at 7 p.m. This film will kick off the International Film Series to be held in the Ellis White Lecture Hall (Campus Center).

*Letter to Brezhnev*, directed by Chris Bernard, is a pre-glasnost comedy about two working girls who want to do something exciting with their lives. Elaine, who falls in love with one of

two Russian sailors on leave, writes a letter to Brezhnev requesting permission to accompany her sailor in the U.S.S.R., and things spiral from there.

People Magazine reviewed *Letter to Brezhnev* as a "terrific movie! Hilarious and heartbreaking. . . Alexandra Pigg and Margi Clarke, as punk princesses are smashing!"

General admission is \$5, FSC students (and under 17) get in for \$3. That's inexpensive admission for some great fun.

## Rhapsody Continued from 9

*Rhapsody in Blue*. He also composed *Of Thee I Sing*, the first Pulitzer Prize-winning musical comedy. He also wrote several well-known songs like *Someone to Watch Over Me*, *They Can't Take That Away From Me*, and *Nice Work if You Can Get It*, all of which were featured in the performance on Tuesday. He is known worldwide as *The American Composer*. This year is the 100-year anniversary of his birth.

Le Trio introduced their program with a *Porgy and Bess* arrangement; there were several songs in the medley, from *Bess You is My Woman Now* to *I Got Plenty O' Nuttin'*. In the next selection, *But Not for Me*, images of swing were evoked with the unison cello and piano riffs. Audience members who closed their eyes during *Oh, Ladies Be Good*, could imagine Ella Fitzgerald singing along.

The audience was also given a surprise performance of *An American in Paris*. This piece reflected an American's first experience in France: the cabarets, the Eiffel Tower, lunch on a sidewalk café. *Nice Work If You Can Get It* showcased each of the three players' instruments and talents before ending in a goosebump-raising piano cadenza and full, rhythmic finale.

The highpoint of the evening, though, was the presentation of "Rhapsody in Blue," Gershwin's most

famous composition. Street related the story of its creation: George Gershwin found out while playing pool in 1924 that he was to give a concert in 30 days, then right away, he set to work. Gershwin claimed that the main theme of the piece was influenced by a train ride. Le Trio played the *Rhapsody*, and received a standing ovation.

Street explained that the group is sometimes challenged to maintain the integrity of the music when transcribing it for a three-instrument performance. He went on to emphasize that some are arrangements that slightly differ from the original orchestrations, while others are exact transcriptions. They lend a unique, 3-instrument flair to music originally written with jazz bands and orchestras in mind, leading one to rethink Gershwin all together.

Le Trio members were available after the concert for questions and comments, happy to share their love of Gershwin and affinity for music. "I started my music with jazz and rock-and-roll," Jazzman Charvet comments, "and it is so easy to love Gershwin. Not only is he classical, but he is also jazz." Roux was seen giving a young audience very enthusiastic encouragement to pursue her musical interests, as well as an autograph; Charvet showed several people his custom-designed 5-string cello. When asked how he, a Parisian in America, felt to be here, Jazzman replied that he was very glad to be visiting America, Gershwin's home.

## Five star Continued from 4

IVCF, Sigma Pi, and the History Club has all helped out with the residence halls move-in at the beginning of the semester. Which aided the new students just moving in tremendously by letting them mix with returning students who could give advice and help out in many ways. Also, the History Club and ICFV teamed up to plant trees together in a local playground at the beginning of the year.

The Five Star System awards points to clubs and organizations when they participate in a social or service event. One point is given for attending selected programs sponsored by the Student Activities/Campus Center Office. Two stars are awarded for a club that holds a social event or fund-raiser. Three stars goes to the club that sponsors an educational program. Four stars for volun-

teering in a program that offers service to the surrounding community. And five stars for the club or organization that holds a community service program that benefits the FSC community. At the end of the year the points will be tallied up and three awards will be presented to recognize; one, the organization with the most stars; two, the top Greek organization; and three, the organization that completed the most volunteer work throughout the school year. Also, an award will be given to an individual for outstanding service to the community.

The many other clubs and organizations that were not mentioned in this article are still encouraged to keep up the good work and remember to turn their program planners in so that they can get credit.



## Bloodletting Continued from Cover

may help several patients; it may be used as "whole blood" or for its components: red blood cells, platelet, and plasma.

Larson appreciates we helped the donation team's goal of 50 donations per day. Students pass up the opportunity to help because of misconceptions that they may have about giving blood. Common fears are that needles may not be sterile, that the process is painful, and that one might faint. Emphasis is placed on the use of a new, sterile needle to avoid the spread of blood borne diseases like AIDS hepatitis. As for the pain factor, Larson admits that there is a pinch of discomfort, but relaxing can alleviate this. Rouleau comments that "it's no big deal at all once you get up on the table." Fainting, too, happens rarely, and can be avoided by planning in advance, eating a full meal about four

hours before the donation.

When asked why she was donating blood, nursing major Trisha Rouleau replied quickly, "it helps people a lot to have healthy blood if they need it. It's great knowing that I can help." Freshman Jemima Dominique decided to give a bit of life to someone on the day she was given life, donating on her birthday.

The Red Cross will also visit campus in late January and April. Students interested in donating blood at any other time are encouraged to sponsor a drive, or to drop into the walk-in donor clinic in Worcester. There is also a part-time clinic set up at the Elks hall in Leominster that is scheduled open twice monthly and by appointment is encouraged to call 1-800-GIVE-LIFE or visit their web site at [www.newenglandblood.org](http://www.newenglandblood.org).

## ABC Continued from 5

in the top three schools nationally for the past four years in competing for the annual National ABC Student Chapter Excellence Award. FSC competes with such schools as Texas A&M, Purdue, Florida State University, and Colorado State University. Finally, Mr. Coull mentioned that many Massachusetts-based companies have benefitted directly

from the construction program at FSC, and that those firms are more than pleased with the students who have come to be part of their growing companies.

If you would like more information regarding ABC, please feel free to stop by a weekly meeting. Meetings are held every Thursday in the IA building in room 109.

## Volunteer Continued from 6

On Oct. 29, the Volunteer Center will be part of Fitchburg State's Leadership Conference, offering ideas for how students can help in the surrounding community. On Nov. 21, the center will join in a statewide leadership conference to discuss leadership and community issues.

Throughout the year, the Volunteer Center plans to sponsor events and programs to help build a stronger community in Fitchburg. Anyone interested in becoming a volunteer, or learning more about the center, is invited to stop by the office in B-13 in the Hammond building, Monday through Friday from 9:00 a.m. to 4:00 p.m.

## Fitchburg State College 1998 Film Schedule

November 5	The Truman Show
November 19	Leathal Weapon 4

**Admission: FREE! FREE! FREE! FREE!**

## TV Continued from 8

more time than absolutely necessary to a box in my living room.

Our society sits perplexed on its hands wondering why we are plagued by such profound violence. Look at what we consider entertainment: Shootings, infidelity, drug use, scandal and general moral mayhem. We feed our minds this garbage every day.

I know some of you will try to argue, and you should. Your mind is a terrible thing to waste, especially on television. Just keep in mind, you reap what you

sow. What is true for the body, is also true for the mind. If you fill your body with junk foods and toxins everyday, what happens? Your body starts to malfunction and you die. You fill your head with psychological filth, and your brain will eventually fall into a state of decay and decomposition.

You deserve better for your existence on Earth, then to be chained to the broadcasting networks your whole life. Get off the couch and quit being a slave.

## Depression Continued from 2

the participants about the differences between clinical depression and the "blues." Donna also talked about the symptoms and causes of depression, and gave some statistics about people who suffer versus those who get treatment.

Next, Dr. Robert Murray, director of Counseling Services, discussed modern treatment options, from medications, to psychotherapy/counseling, to group therapy, even to electric convulsive therapy, or ETC, which sounds scarier than it really is. It has supposedly been improved and refined in the past few years and is still only used when all else fails.

The final part of the NDS was a 5-minute individual screening interview with a member of the counseling staff. At the interview, Dr. Murray looked

over the results of my Depression Screening Form, and determined that I was not depressed. Of course, if I didn't work for The Point, I probably would be, in which case I would have been urged to set up an appointment to meet with someone in counseling Services, which is on the third floor of the Hammond Building.

Research states that most people with suicidal thoughts are not in treatment, and most who do get treatment usually find that their suicidal thoughts disappear. This is a hopeful thought, and an important one for those entering college to keep in mind. If anyone knows someone who they believe is depressed, or simply wants to find out more about the illness, the Counseling Services at Fitchburg would be happy to talk.

## In Your Dreams

Saturday, November 7, 1998: mark this date on your calendar!!! the Class of 2001 is sponsoring a semi-formal dance at the Four Points Hotel, with dinner included. The theme of the night is **In Your Dreams**. come on out for a night of fun! there will be food, dancing, games, prizes, and more! The dance runs from 6pm-12am and is \$20 a person. Tickets are being sold out of the SGA Office, dates for selling tickets in G-Lobby are to come; or just talk to one of the class of 2001 officers. Students, Faculty, and Staff are welcome and invited to attend; so join us for a night of entertainment and fun!



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## She's a gang leader... with a goal.

Theresa was looking for acceptance but all her friends were in gangs. For Theresa, it was just a matter of time. Choosing between gang life and soccer wasn't easy. But thanks to adults like you and after-school programs like these, she's now devoted to her teammates, learning new skills, self-esteem, and the confidence to lead.

### LESS CRIME IS NO ACCIDENT

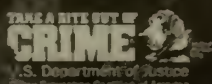
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[www.weprevent.org](http://www.weprevent.org)



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## FSC Sports for this week

### Field Hockey

10/22	Framingham State
10/24	at Salve Regina
10/27	Westfield State

### Volleyball

10/21	at Keene State College
10/24	at Anna Maria College
10/27	at Endicott College

### Men's Cross Country

10/24	MASCAC Championship
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### Women's Cross Country

10/24	MASCAC Championship
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### Women's Soccer

10/24	at Bridgewater State
10/27	Elms College

### Men's Soccer

10/24	Bridgewater State
10/27	Rivier College

### Football

10/24	Curry College
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For results and highlights visit  
FSC Athletics Website at  
[www.fsc.edu](http://www.fsc.edu)

## Car Raffle!!

Sigma Pi Fraternity will be raffling off a 1986 Pontiac Grand Am for \$2. It's teal, has a sun roof and a 3.0 V6 engine (very quick). Ticket sales will be limited to 300 tickets. The raffle will go on between 9am and 4pm on October 26th. The drawing will be held that night around 112 Cedar St. The winner will be contacted by telephone.

## Good Luck!



# Troopers tromp through rain or shine

by Rhalda Jansen

The FSC cross country troopers had another away meet on Saturday October 10th. This time the hosting team was Keene State, and they're always in for a flat grass course. The weather wasn't helping us a lot, eventhough it wasn't raining yet, the whole day felt a little crapppy.

After a thorough warm-up run and stretches the race began, and the Brandeis runners showed us their stuff.

Christie A. felt like beating her twin today, and head off to kick some butt. The Dutch One, who was definitely coping well after 45 minutes of sleep all night, ran down the course with an enormous grin on her face. Meghan was there all the way to work with her as a team. Sarah and Shara were tracking down the green-yellow shirts again.

Christie A. finished first for the falcons, and 25th overall with an amazing time of 21.44, followed by a still grinning Dutch One with 22.22 (for real!). Cristie E. wasn't really running like her usual self today, and came in 37th with 22.49,

followed by a great Meghan "I dropped my Kix" Braun with 22.57. Sarah took it in as the #5 falcon today with 25.57. Shara Shandrowski and Amy Paquette finished shortly after that with times of 26.32 and 27.30. Fabulous Fay kicked out another sprint, and took over a minute and a half of her previous time with 34.08.

The men's race was really tough, and for some even very complicated. FSC was didn't have its #1 Iron Man runner so Darren Madeiros placed as the first falcon, but wasn't able to break 30 minutes this time. Ryan Cringan took the #2 spot in the team's ranking by fin-

ishing 69th with 31.52. Big Daddy Walsh took in a nice race, but wasn't able to break 33 minutes, and even Sleepy Floyd Hatch wasn't really having his day. Don "Where do I go" Kenneally and Grier "Grier" Grier got seriously lost, but did finish. And Jon Oosterman was happy that the race was over and done with. One of the lesser meets for the falcons, so "Work hard the next week!", and rule our hill at C o g g s h a l l Saturday. Five down, but we're not done yet!



## Team spirit Continued from 16

were obviously still tired from the long first match, but do have to remember that "It ain't over till it's over!" so fight harder girls, you have to want it! The game had a nice amount of digs, 21 in the third alone, but work on the serves, and # 7 and 8 "Stay out of the net!"

To finish up this busy schedule, the falcons had an away meet at Regis on Saturday. There was a slight problem with the van not being there, so we had to carpool. It was fun though, right Meg and Tiff?! Even though the falcons lost in three games (9-15, 10-

15, 13-15) it was a very exciting match. Chicks was having a field-day blocking, killing, and on occasion even rolling over the ground. Inori had great sets, Megan and Jill dug real well, and Joanie and Jill served over and in. The Ref had no clue what a 'carry' was, and even the net wasn't off limits, so that was a little frustrating at points. The falcons still have a ways to go to improve their overall standing, but as Julia puts it "It's got potential!" Keep it together, and talk out there!

RJ.

## Falcons Continued from 16

The defense got the ball back on a devastating first down sack by Scott Cormier, who finished the day with a team high 16 tackle, 2 sacks, and three fumble recoveries. With great field position, FSC capitalized on Framingham's mishap with a 2 yd. run by Steve Maze. The Falcons remained on top 14-6 to end the half. The game wasn't as good as it seemed for the Falcon's, Freeman suffered a leg injury on their second TD drive of the game. Although he didn't play the second half, he still led his team with 159 yds. rushing and one TD.

With really big shoes to fill, the Falcons needed their passing attack now more than ever. Unfortunately, the momentum of the first half didn't swing into the second half for FSC. Neither team could do anything offensively in the third quarter, until the Rams got going. They scored two TD's within 1:24 seconds of each other. Being down

18-14, the Falcon's needed some help fast. They got it on a punt that was received by the Rams for a fair catch on their own 4 yd. line. With nothing going Framingham's way, they punted the ball to their own 30. FSC took advantage of good field position, and Maze scored for his second TD of the day, putting them up 21-18.

With little time left in regulation, the Rams somehow found a way to score on a 41 yard TD pass. With no real running threat, and only 1:34 left to play, the coaches, players, and fans looked to Ryan McCarthy to save the day. Unlike the movie, 'Ryan' saved the day by orchestrating a 70 yard drive to win the game. On a third and ten play on Framingham's 30 yard line, Louis Rodriquez caught a nice pass to seal the victory. The word "IN-COM-LETE" will stay in Framingham, because the Falcons have finally become a "COM-LETE" team in 1998.



## Movie Trivia

Who can't handle the truth?

Answer from last week:

They were never married



# Team spirit returns to FSC Volleyball

by *Rhalda Jansen*

The falcons' home meet against WPI on October 8th wasn't really one to write home about. FSC lost in three easy sets (5-15, 9-15, 7-15).

The falcons just weren't working as a team. Coach Paciorek said the team "Definitely lacked desire and forest fire", very poetic Lisa! Megan and Jill had some nice digs, and Chicks had a few great kills at the net, but it just wasn't enough. Paciorek also mentioned the team had to work on its serves, at one point in the game they even had four serving errors in row! Talking about giving away points... So the next day a great deal of the practice was spend on serving.

On Saturday October 10th the FSC volleyball women had an away-tri-meet at Framingham with Mass Maritime. The falcons played a lot better that time, and worked as a team again. They beat Mass Maritime in three sets (15-

0!!!, 15-12, 15-4), but lost to Framingham State (8-15, 6-15, 15-17). The first match had a killer opening of 15-0 with 5 serve aces by Jill, and three great kills by Marie. The second set was a lot closer, but still went to the falcons. This was in a great deal to awesome setting by Inori and Jill. "Jill really stepped up during this match. not only in setting but also in cheering the team on!" Paciorek said about her athlete. The final game had four aces by Michelle, and three by Chicks. I guess the practice worked!

The second match against Framingham was also a very good effort by the falcons. The first set had two serve aces by Inori, some extreme digging, and a collective total of 10 kills. The second set also had its difficult times, but also great serving by Dana and digs by Jill. It unfortunately did go to Framingham with 6-15. The closing game of the match was a very exciting one, and the falcons almost

went on to a fourth set. Chicks was digging and killing out there. "They started connecting more as team, they had spark out there again" Lisa later said.

The volleyball fun didn't end there though. on Columbus Day the team had a double home meet against Simmons and Emmanuel. The first match against Simmons (5-15, 15-13, 5-15, 15-13, 8-15) was a close one with plenty of ups and downs. Megan had some serious digs, supported by the 'Spike Girls' Marie and Chicks. The second game was another one for the books, when the falcons came back after being down



Paciorek regains team spirit  
photo by Rhalda Jansen

with 3-11 to winning the set with 15-13, very impressive! The third game went to Simmons again, but the falcons came back in the fourth with an exciting 15-13. A good game with 9 aces, great kills by Marie and Chicks, and nice sets by Inori. FSC lost the final game with 8-15 in a rally score set. Coach Paciorek was

*Continued, pg 16*

# Falcons soar over Buccaneers and Rams

by *Michael McGonigle*

Stepping up to the challenge, the Fitchburg State football squad pulled themselves out of the hole they had dug themselves into this season with two consecutive victories, upping their record to 3-3. The second win of the season came with last Saturday's victory over the Mass. Maritime Buccaneers. It didn't come easy, as the offense struggled to move the ball all afternoon. The Falcons were down by three the whole game until D'Andra Freeman plunged into the endzone with :36 seconds left in regulation to defeat the Bucs 7-3. Freeman led his team in total offense with 117 yards and a touchdown.

The game started out in favor of the Bucs, as they orchestrated a 50 yard drive on their second possession of the game. Although the drive was stopped short of the endzone, they put themselves on the board first, with a 23 yard field goal to end the first quarter. On the Bucs' third possession of the game,

they were pushing deep into Falcon territory, but the defense stepped up and stopped them on a very important 4th down play. Linebacker Jason Smith led his defense thru example, with 8 tackles and 2 sacks.

This game had more laundry on the field than I've ever seen. Twenty three penalties in all were called for the game. This, along with poor weather conditions, slowed down both team offenses all afternoon.

Charging down the field at the end of the second quarter, the Falcons were inside the Bucs redzone, but with :40 seconds left, Quarterback Ryan McCarthy threw his second interception of the game to stop the drive short.

Setting the tone at the start of the second half, Greg McClintock faked a punt on fourth and long and ran for a first down. McCarthy threw a couple of key receptions which put the ball on the Bucs 24 yard line. After three unsuccessful plays, McClintock lined up for a field goal. Trying to make something happen on a bad snap to his holder,

McClintock picked up the ball and threw a nice pass into the endzone, but it went in-and-out of the hands of Steve Maze for an incomplete.

Great defense allowed FSC to remain in the game. On the Falcons ninth and final drive, they cruised 85 yards down the field in 17 plays for the winning score. On a fake reverse, McClintock completed a sweet pass to Tanner Grove to put the ball on the Bucs 41. On a 4th and 6, McCarthy completed a key reception to Louis Rodriguez to keep the drive alive. On a halfback toss-pass, Freeman completed a 12 yd. screen pass to QB Ryan McCarthy (8/19 for 73 yards passing and 2 Int.). On third down the Bucs were called for pass interference, which put the ball on the 4 yd. line. The following play, Freeman plunged in for the game winning touchdown.

Coming off this victory, FSC traveled to the unfriendly grounds of Framingham State. The Falcons played with class and style in a 28-25 victory over the Framingham Rams. As was the

case last week, FSC scored a TD with :37 seconds left in the game. Quarterback Ryan McCarthy threw a brilliant 30 yd. pass to Louis Rodriguez for the game winning score. This was McCarthy's best outing all season: 16/38 for 231 yds, 1 Int. and 1 TD.

This game started out like a clone of last weeks game, the Rams scored on their first drive of the game. On the very first play from scrimmage, Framingham's runningback broke free for an 85 yard TD run. The extra point was no good, and they led 6-0.

With the game going back and fourth for the rest of the quarter, a big play was bound to happen. The Rams downed a deep punt on the Falcon 1 yd. line. Feeling the threat of a safety, coach Dave Flynn chose to keep the ball in D'Andra Freeman's hands. Carrying the ball past the 11 yd. line, Freeman gave the offense some breathing room. As luck would have it, Fitchburg was called for holding, which brought the ball back to the 4 yd. line. On second down, Freeman broke free for a 93 yd.

*Continued, pg 15*